

# Active Learning

## Welcome/Intro

### What is Active Learning?

- Active learning is like it sounds; learning while being active. Active learning is a way to help the student to engage with the material in tangible ways that invites them to explore and try and figure out the problems in a new form.
- Successful active learning activities provide an opportunity for all students in a class to think and engage with course material and practice skills for learning, applying, or summarizing that material.
- Passive vs Active Learning

## Video

### Why is Active Learning important?

## Demonstrations

### Behavior

- Almost always students are acting out because of something else that is going on in their life. There is a lot more underneath the surface that we do not see. Be patient.
- Don't take it personally. Take a step back and reflect on how you can help your student in that moment. Here are some action steps to take:
  - Go on a walk
  - Do a brain break
  - Color break
  - Let them choose an educational game or play some card games
  - Watch the Trauma Training via the Whiz Kids Website
  - Read a book to the student.

### Discussion Questions:

1. What are 2-3 of these tools for active learning that you can start implementing?
2. Do you have other active learning tools that you have used or seen used that were done well? What were they?
3. What are a few notes for you to remember when your student isn't feeling motivated or might act out a bit? How can you meet them in that space?

**Notes:**

